

#### JOB DESCRIPTION

Job Title: Fitness Instructor

Department: Sport & Recreation Services

Campus/Location: Wellington

Responsible to: Gym Manager, Recreation Manager

**Purpose Statement:** To provide outstanding customer service on the gym floor through a high level of interaction and communication with members. Provide administrative and customer service support at reception.

This is an internship-type position, providing an on-the-job learning experience that would suit a recent graduate looking to gain full-time experience in the fitness industry.

# **Key Accountabilities:**

## 1. Provide fitness support

- Ensure the gym is a friendly and welcoming place to exercise.
- Train and assist clients as required.
- Complete and contribute to projects as set by the Manager.
- Comply with Fitness NZ Code of Ethics
- Continual up-skilling of health and fitness knowledge

## 2. Assist in maintaining the facility

- Ensure that facilities and equipment meet with Health and Safety requirements.
- Complete daily maintenance tasks.

### 3. Reception Duties

- Welcoming all users to the gym and checking user memberships.
- Providing a friendly, proactive, efficient and accurate front line service for: the sale of memberships, drinks and food; the hire of equipment; and the enrolling of clients/teams in recreation programme classes and social leagues.

- Management of Clubware bookings calendar to ensure client bookings are made only when there are sufficient staffing levels to cover reception duties.
- Taking counter and telephone enquiries and providing accurate information to clients on all aspects of the Fitness and Recreation Centre's facilities and services.
- Manage enquiries, bookings, and invoicing for the Sport and Exercise facility
- Dealing with membership cancellations, transfers, holds.
- Ensure phone voice messages are responded to quickly.
- Promote upcoming events to members and casual users of the facility.
- Be familiar with emergency and accident procedures. Document and fill out proper forms or reports.
- Coordination of the daily and bi-weekly banking duties of the facility.
- Completing other administrative tasks as required

# 4. Team player

• Contribute to a positive team experience within the recreation team

#### PERSON SPECIFICATION

## **Qualifications:**

Diploma or BA in Sport & Exercise or Fitness Prescription desirable.

Current First Aid Certificate essential

NZQA Approved Level 3 Certificate in Fitness (Exercise Consultant), or equivalent is useful but not essential.

REPs Registration under 'Personal Trainer' level if the candidate wishes to undertake Personal Training.

## **Experience:**

- Experience in customer service.
- Experience in marketing and electronic communications

# **Attributes and Skills:**

- A high standard of personal integrity, discretion and tact, maintaining confidentiality
- Good problem solving and analytical skills
- Ability to handle pressure
- Aptitude for identifying opportunities for improving performance
- Good working knowledge of the MS Office products
- Excellent communicator (at all levels)
- Team player

# **Conditions of Employment**

- This is a fixed term contract with a duration of nine months only.
- The start date for the successful applicant will be Wednesday 6<sup>th</sup> January 2016.

• The successful applicant will be required to work 37.5 hours per week on a fixed fortnightly roster. The hours of work vary and include the opening, closing, and in some instances sole-charge of the facilities. The set shifts are as follows

Week 1	Mon 12:00pm- 7:00pm	Tue 1:30pm- 9:00pm	Wed 1:30pm- 9:00pm	Thu 1:30pm- 9:00pm	Fri 1:30pm- 9:00pm	Sat	Sun 9:00am- 5:00pm
Week 2	Mon	Tue 6:00am-	Wed 6:00am-	Thu 6:00am-	Fri 6:00am-	Sat	Sun
		1:30pm	1:30pm	1:30pm	1:30pm		

- Remuneration for this role is set at \$16.00-\$18.00 per hour, depending on experience.
- The successful applicant will be permitted to work with clients providing exercise prescription and instruction if they possess a NZQA approved Level 3 Certificate in Fitness (Exercise Consultant), or equivalent, however training will be provided for the right applicant).
- The successful applicant will be able to undertake Personal Training if, and only when they gain REPs (New Zealand Register of Exercise Professionals) registration at the level of 'Personal Trainer'.

### **EMPLOYMENT TIMELINE**

Wednesday 9<sup>th</sup> December – Applications Close

Wednesday 9<sup>th</sup>- Thursday 10<sup>th</sup> December – Candidates reviewed and selected, interviews arranged.

Friday 11<sup>th</sup>, Monday 14<sup>th</sup> December – Interviews completed, reference check begins.

Tuesday 15<sup>th</sup> December – Final references checked, position offered.

Wednesday 16<sup>th</sup> December - Position accepted

Thursday 17<sup>th</sup> December – Position signed off by Campus Operations Manager.

Wednesday 6<sup>th</sup> January 2016 – Employment commences.

To apply for this position, please fill out the online application form here - <a href="http://goo.gl/forms/YVku0fNGbe">http://goo.gl/forms/YVku0fNGbe</a>